# BEFORE THE ARIZONA BOARD OF OSTEOPATHIC EXAMINERS IN MEDICINE AND SURGERY

IN THE MATTER OF:

the State of Arizona

DAVID IZENBERG, D.O.

Holder of License No. 2253

For the practice of osteopathic medicine in

Case No.: DO-16-0133A

INTERIM CONSENT AGREEMENT AND ORDER FOR PRACTICE RESTRICTION AND EVALUATION

#### INTERIM CONSENT AGREEMENT

By mutual agreement and understanding, between the Arizona Board of Osteopathic Examiners in Medicine and Surgery ("Board") and David Izenberg, D.O. ("Respondent"), the parties agree to the following disposition of this matter.

- 1. Respondent has read and understands this Interim Consent Agreement and the stipulated Interim Findings of Fact, Interim Conclusions of Law and Interim Order ("Interim Consent Agreement"). Respondent acknowledges that he has the right to consult with legal counsel regarding this matter and has done so or chooses not to do so.
- 2. By entering into this Interim Consent Agreement, Respondent voluntarily relinquishes any rights to a hearing or judicial review in state or federal court on the matters alleged, or to challenge this Interim Consent Agreement in its entirety as issued by the Board, and waives any other cause of action related thereto or arising from said Interim Consent Agreement.
- 3. This Interim Consent Agreement is not effective until approved by the Board and signed by its Executive Director.

- Respondent admits to the Interim Findings of Fact and Interim Conclusions of Law contained in the Interim Consent Agreement.
- 5. This Interim Consent Agreement, or any part thereof, may be considered in any future disciplinary action against Respondent.
- 6. This Interim Consent Agreement does not constitute a dismissal or resolution of this or other matters currently pending before the Board, if any, and does not constitute any waiver, express or implied, of the Board's statutory authority or jurisdiction.
- 7. All admissions made by Respondent are solely for disposition of this matter and any subsequent related administrative proceedings or civil litigation involving the Board and Respondent. Therefore, said admissions by Respondent are not intended or made for any other use, such as in the context of another state or federal government regulatory agency proceeding or civil or criminal court proceedings, in the State of Arizona or any other state or federal court.
- 8. Upon signing this agreement, and returning this document (or a copy thereof) to the Board's Executive Director, Respondent may not revoke the acceptance of the Interim Consent Agreement. Respondent may not make any modifications to the document. Any modifications to this original document are ineffective and void unless mutually approved by the parties.
- 9. This Interim Consent Agreement, once approved and signed, is a public record that will be publicly disseminated as a formal action of the Board and will be reported to the National Practitioner Data Bank and to the Board's website.
- 10. If any part of the Interim Consent Agreement is later declared void or otherwise unenforceable, the remainder of the Interim Consent Agreement in its entirety shall remain in force and effect.

	11.	If the Board does not adopt this Interim Consent Agreement, (1)		
Resp	ondent	will not assert as a defense that the Board's consideration of the Interim		
		eement constitutes bias, prejudice, prejudgment or other similar defense		
and (2) the Board will not consider content of this Interim Consent Agreement as an				
admi	ssion by	y Respondent.		

REVIEWED AND ACCEPTED THIS _	DAY OF	, 2017.
David Izenberg, D.O.		

#### JURISDICTIONAL STATEMENT

- 1. The Board is empowered, pursuant to A.R.S. § 32-1800, et seq. to regulate the licensing and practice of osteopathic medicine in the State of Arizona.
- 2. Respondent holds license No. 2253 issued by the Board to practice as an osteopathic physician.

#### INTERIM FINDINGS OF FACT

- 1. On June 23, 2016, The Board received a complaint from patient J.P.'s parents regarding care provided to him by Respondent.
- 2. The complainant alleged he was under Respondent's care for several years, since 2007, and throughout his care, they felt Respondent had overprescribed medications to their son. They also felt he failed to recognize their son was a drug addict and his continued prescribing enabled their son's habit.
- 3. A review of the medical records and treatment indicate that Respondent did prescribe a number of controlled substances to J.P. There were

significant concerns about Respondent's treatment, lack of examinations and his general knowledge base. A chart review was completed and it raised a concern of a pattern regarding inappropriate prescribing by Respondent.

- The Board held an Investigative Hearing on this matter on
   May 6, 2017. Respondent appeared personally and with counsel.
- 6. The Board had the following concerns based upon the evidence that Respondent:
  - a. Prescribed both opioids and benzodiazepines concurrently;
  - b. Prescribed methadone in conjunction with benzodiazepines and opioids;
  - c. Prescribed multiple benzodiazepines to the same patient;
  - d. Prescribed drugs without understanding the side-effects;
- e. Continued to prescribe opioids to patients who had a past history of substance abuse;
- f. Failed to recognize drug seeking behavior in some of his patients, including patient J.P;
  - g. Continued to prescribe and over-prescribe controlled substances;
- h. Prescribed Adderall to a patient without doing a work- up to determine if the patient had ADHD;
  - i. Failed to monitor persons to whom the drugs were being prescribed to guard against overprescribing;
  - j. Failed to obtain urine drug screens from patients taking controlled substances on a consistent basis;
    - k. Failed to document prescriptions for controlled substances;

- I. Failed to examine the patient to determine the condition that he felt necessitated the prescribing of the medications;
  - m. Failed to document physical examination results;
  - n. Failed to document the reason(s) for the prescription(s)
  - o. Failed to make appropriate pain management and psychiatric referrals.

### INTERIM CONCLUSIONS OF LAW

- 1. Pursuant to A.R.S. §32-1800, et seq. the Board has subject matter and personal jurisdiction in this matter. .
- 2. The conduct and circumstances described in paragraphs 1 through 6 above, if proven, constitute unprofessional conduct as defined in the following paragraphs of A.R.S. §32-1854:
- (6) Engaging in the practice of medicine in a manner that harms or may harm a patient or that the Board determines falls below the community standard.
- (21) Failing or refusing to establish and maintain adequate records on a patient as follows:
- (a) If the patient is an adult, for at least six years after the last date the licensee provided the patient with medical or health care services.
- (36) Prescribing or dispensing controlled substances or prescription-only medications without establishing and maintaining adequate patient records.
- (38) Any conduct or practice that endangers a patient's or the public's health or may reasonably be expected to do so.

(48) Prescribing, dispensing, or furnishing a prescription medication or a prescription-only device to a person if the licensee has not conducted a physical or mental health status examination of that person or has not previously established a physician-patient relationship.

#### INTERIM ORDER

Pursuant to the authority vested in the Board, and based upon the Interim Findings of Fact and Interim Conclusions of Law, IT IS HEREBY ORDERED THAT:

- 1. Respondent's license to practice osteopathic medicine, No. 2253, is placed on a practice restriction that prohibits him from prescribing or dispensing Schedule 2, 3, 4 and 5 medications, and psychotropic medications. Respondent may not provide any recommendations for medical marijuana. This restriction shall remain in place until Respondent appears before the Board and the Board lifts the restriction.
- 2. This Interim Order for practice restriction for prescribing will be effective May 22, 2017 at 11:59 p.m. Prescriptions written on or before May 22, 2017 Is considered valid and effective and may be filled.
- practice assessment by the Physician Assessment and Clinical Education Program ("PACE"), at the University of San Diego (619-543-6770/www.paceprogram.ucsd.edu) or a practice assessment through The Center For Personalized Education for Physicians ("CPEP") in Denver, Colorado (303-577-3232 or <a href="www.cpepdoc.org">www.cpepdoc.org</a>), or an equivalent program that has been pre-approved by the Board's Executive Director, unless otherwise ordered by the Board. The evaluation shall be completed no later than October 31, 2017.

- 4. Respondent shall cause all reports resulting from the evaluation/assessment to be delivered directly from the evaluator to the Executive Director of the Board. The case will be placed back on the Board's agenda for the next available meeting once the report has been received.
- Respondent's current dispensing registration shall be suspended until the Board lifts the suspension.
- 6. This is an interim order and not a final decision by the Board regarding the pending investigative file and as such is subject to further consideration and modification by the Board.
- 7. Respondent shall sign such releases as are necessary to ensure that the report(s) of the evaluation and/or assessment are made directly and confidentially to the Executive Director of the Board of Osteopathic Examiners.
- 8. <u>Costs:</u> Respondent shall bear all costs incurred regarding compliance with this Order.
- 9. Any violation of this Consent Agreement constitutes unprofessional conduct and may result in disciplinary action and or referral to the appropriate law enforcement agency.



ISSUED THIS DAY OF MAY, 2017. STATE OF ARIZONA BOARD OF OSTEOPATHIC EXAMINERS IN MEDICINE AND SURGERY

By

- .

## Jenna Jones, Executive Director

1		
2		
3	.1	
4	Original filed this $22^{n}$ day of $May$ , 2017 with the:	
5	Arizona Board of Osteopathic Examiners In Medicine and Surgery	
6	9535 East Doubletree Ranch Road Scottsdale AZ 85258-5539	
7		
8   9	Copy of the foregoing sent via regular mail this day of Hou, 2017 to:	
10	David Izenberg, D.O. Address of Record	
11	And	
12	Steve Myers, Esq. Address of record	
13		
14	Copy of the foregoing sent via regular mail this this day of Moy, 2017 to:	
15	Jeanne Galvin, AAG	
16	Office of the Attorney General SGD/LES	
17	Phoenix AZ 85007	
18		
19		
20		
21		
22		
23		
24		
25		
26		

- 8